

IMMIGRATION FOR J-1 PHYSICIANS

Webinar Series
with Jan Pederson

Part II: Table Talk with the Specialists

Saturday, September 18, 2021 | 1:00PM EST

- Join the dialogue on:**
- Finding a waiver job
 - Interview Do's and Don'ts
 - Job expectations
 - Plus, your questions answered!

Renowned immigration lawyer, Jan Pederson, welcomes two J-1 Physicians with firsthand knowledge to explore realities of the J-1 experience.



presented by:
W&S Wright, Constable & Skeen, LLP
Attorneys At Law

MISS PART I OF THE SERIES?

IMMIGRATION FOR J-1 PHYSICIANS

Webinar Series
with Jan Pederson

Part I:
Prescription
for Success



Watch



Listen



Review

Available at www.wcslaw.com

PRESCRIPTION FOR SUCCESS RECAP

The J-1 Physician, Waivers, and the Process

IMMIGRATION OPTIONS FOR PHYSICIANS

- Whether you complete your medical training in America as an H-1B, J-1, J-2, or on an EAD, the pot of gold at the end of the rainbow is the same— a Green Card.



Caveat: If born in India or China, the train is slow to reach this goal.

- Green Card requirements are the same no matter where you start.

OVERVIEW: J-1 PHYSICIANS

Foreign medical graduates training in the US are in J-1 or in H-1B status generally.

- J-1 visas are highly regulated

The Rundown:

- J-2 Spouse may work (with EAD)
- 30 day grace period at end of training
- Usually may extend J-1 status to take boards
- 7 year maximum with exceptions
- Exempt from H-1B cap with IGA waiver
- Must work in underserved area for 3 years (unless Flex 10 or at a VA)
- May transfer employers during 3 year waiver commitment only in extenuating circumstances
- Home Residence Requirement



WHAT FLAVOR WAIVER IS RIGHT FOR YOU?

CONRAD STATE 30

- Contract for full-time work including 40 hours of direct patient care
- Agree to commence employment within 90 days of USCIS approval of waiver and H-1B status
- Facility located in HPSA/MUA
- Requirements vary among states

DEPARTMENT OF HEALTH & HUMAN SERVICES (HHS) CLINICAL WAIVERS

- Quick waiver
- Expanded waiver coverage to include all work locations with a HPSA Score of 7 or more
- Primary care only—no fellowship training usually. Includes hospitalists.
- Recruitment required

APPALACHIAN REGIONAL COMMISSION (ARC) WAIVERS

- Must be within geographic area of the ARC (portions of 13 states from New York to Mississippi)
- Now sponsors subspecialties.
- Job must be in HPSA
- Extensive recruitment. Medical school recruitment required.





WHAT FLAVOR WAIVER IS RIGHT FOR YOU?

DELTA REGIONAL AUTHORITY (DRA) WAIVERS

- Geographically: Covers over 200 counties in Alabama, Arkansas, Illinois, Kentucky, Louisiana, Mississippi, Missouri and Tennessee
- Employment must be located in HPSA, MUA, MUP
- \$3000 application fee (partially refunded if waiver not successful)
- Accepts all medical specialties
- Requires recruitment

DEPARTMENT OF VETERANS AFFAIRS (VA) WAIVERS

- VA facility does not have to be in a Medically Underserved Area
- Joint VA/University appointments permitted
- Must be at least a 5/8 VA appointment and must be for 40 hours work at the VA
- Subspecialists heavily recruited



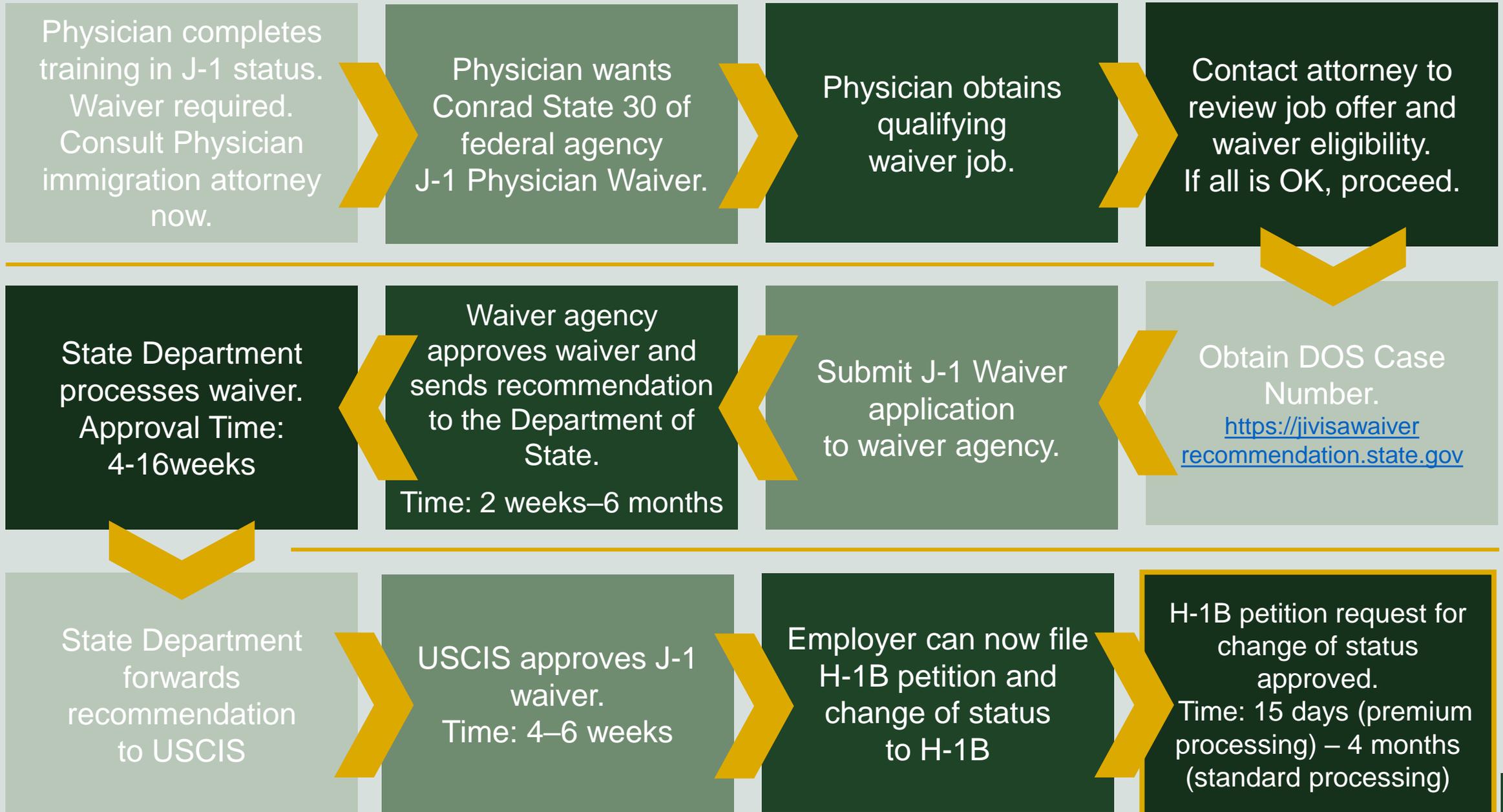
THE PROS & CONS



	ADVANTAGES	DISADVANTAGES
STATE PROGRAMS	<ul style="list-style-type: none"> • Employers may want non-compete clause – State 30 may prohibit • More flexibility in job locations – HPSA, MUA/MUP and Flex slots • Most state programs permit primary care and subspecialties 	<ul style="list-style-type: none"> • Potentially burdensome paperwork • Slots can fill quickly
FEDERAL PROGRAMS	<ul style="list-style-type: none"> • No numerical quotas • Open year round 	<ul style="list-style-type: none"> • VA—lengthy processing times • DRA & ARC have \$3000 filing fee • Limitation to HPSA areas with ARC and HHS • HHS requires HPSA score of 7 or more • HHS prohibit subspecialists—exceptions • ARC will sponsor subspecialists

J-1 PHYSICIAN WAIVER IGA PROGRAM FLOW CHART

START



FINDING & KEEPING A WAIVER JOB

FINDING A WAIVER JOB

DocCafe

www.doccafe.com

PracticeMatch

www.practicematch.com

PracticeLink

www.practicelink.com

MD Jobsite

www.mdjobsite.com

Hospital Recruiting

www.hospitalrecruiting.com

Indeed

www.indeed.com

Career Builder

www.careerbuilder.com

LinkedIn

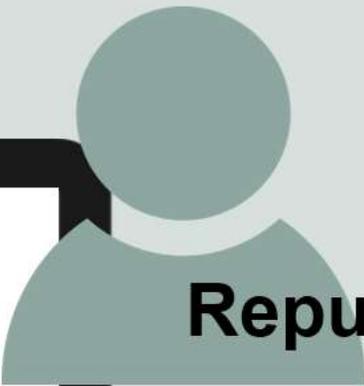
www.linkedin.com/jobs

www.3RNET.org

Site lists job openings and state by state information

www.vacareers.com

Site lists jobs available with Veterans Affairs facilities



Reputable recruiter:

- *Never pay a recruiter and beware of recruiters who promise job placement*
- Educate your recruiter as you likely know more about the waiver world than they do!

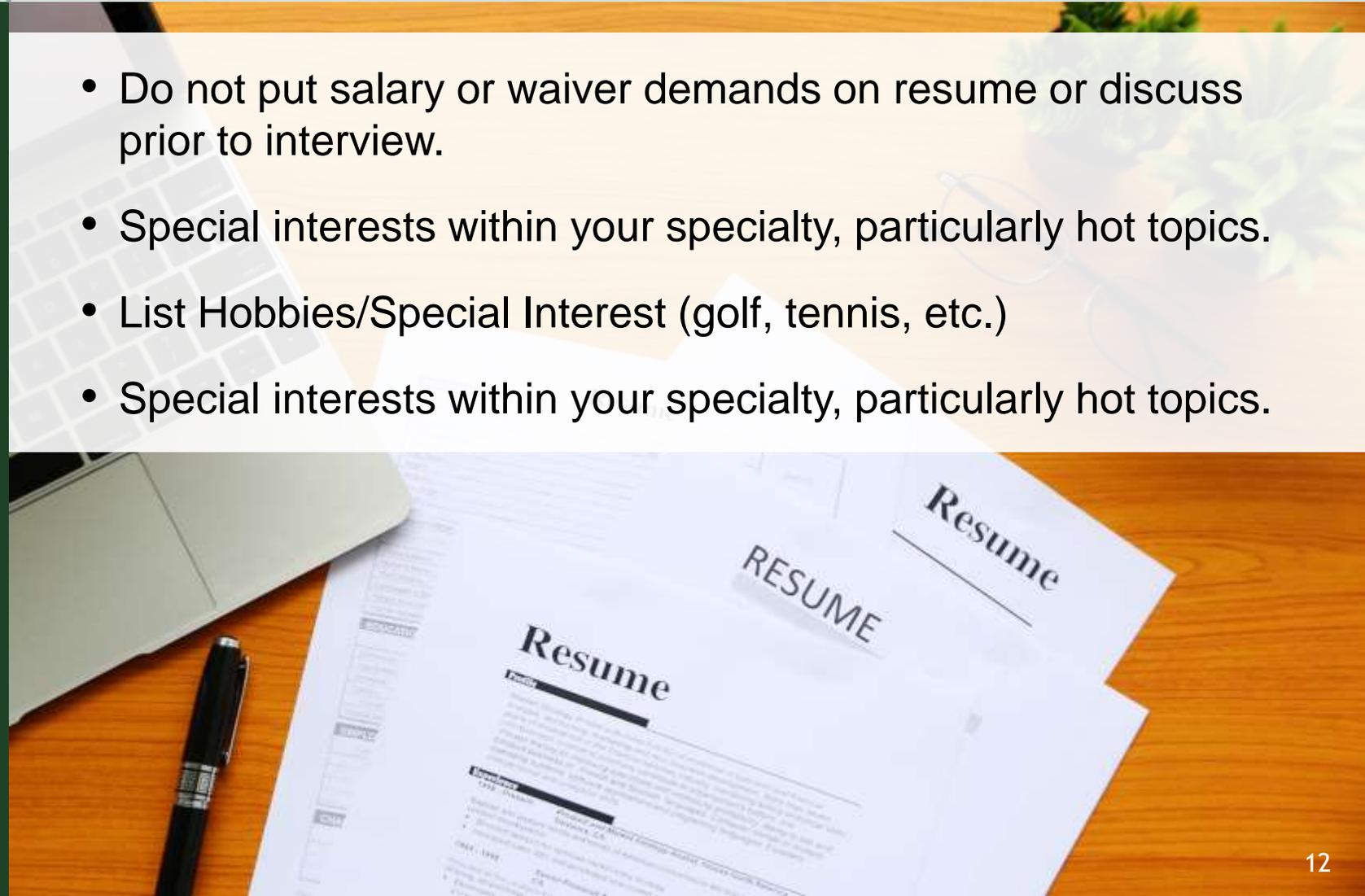
JOURNEY TO A WAIVER JOB

Getting Your Resume Picked for an Interview

RESUME TIPS

- One page if not academic.
- Omit foreign languages usually.
- Photo on Resume?
- Polish your social media pages.

- Do not put salary or waiver demands on resume or discuss prior to interview.
- Special interests within your specialty, particularly hot topics.
- List Hobbies/Special Interest (golf, tennis, etc.)
- Special interests within your specialty, particularly hot topics.



LANDING THE ALL-IMPORTANT INTERVIEW

- Have a colleague recommend you.
- Send a follow-up hand-written personal note after you send your resume expressing a personal interest in the job.
- After the interview, send personal, hand-written thank you notes to the assistant who facilitated your visit and the people who interviewed you.
- Respond promptly to follow-up communications from the prospective employer so they will know your continued interest.



JOURNEY TO A WAIVER JOB

INTERVIEW TIPS



- Don't ask the salary and benefits before the interview.
- Avoid midnight fly-ins.
- Bring spouse to interview.
- Ask about employment opportunities for spouse.
- Ask to meet and greet physicians, administrators, community leaders, real estate agent and politicians.
- Research the employer and community and know the culture of the community.
- Ask about green card policies.

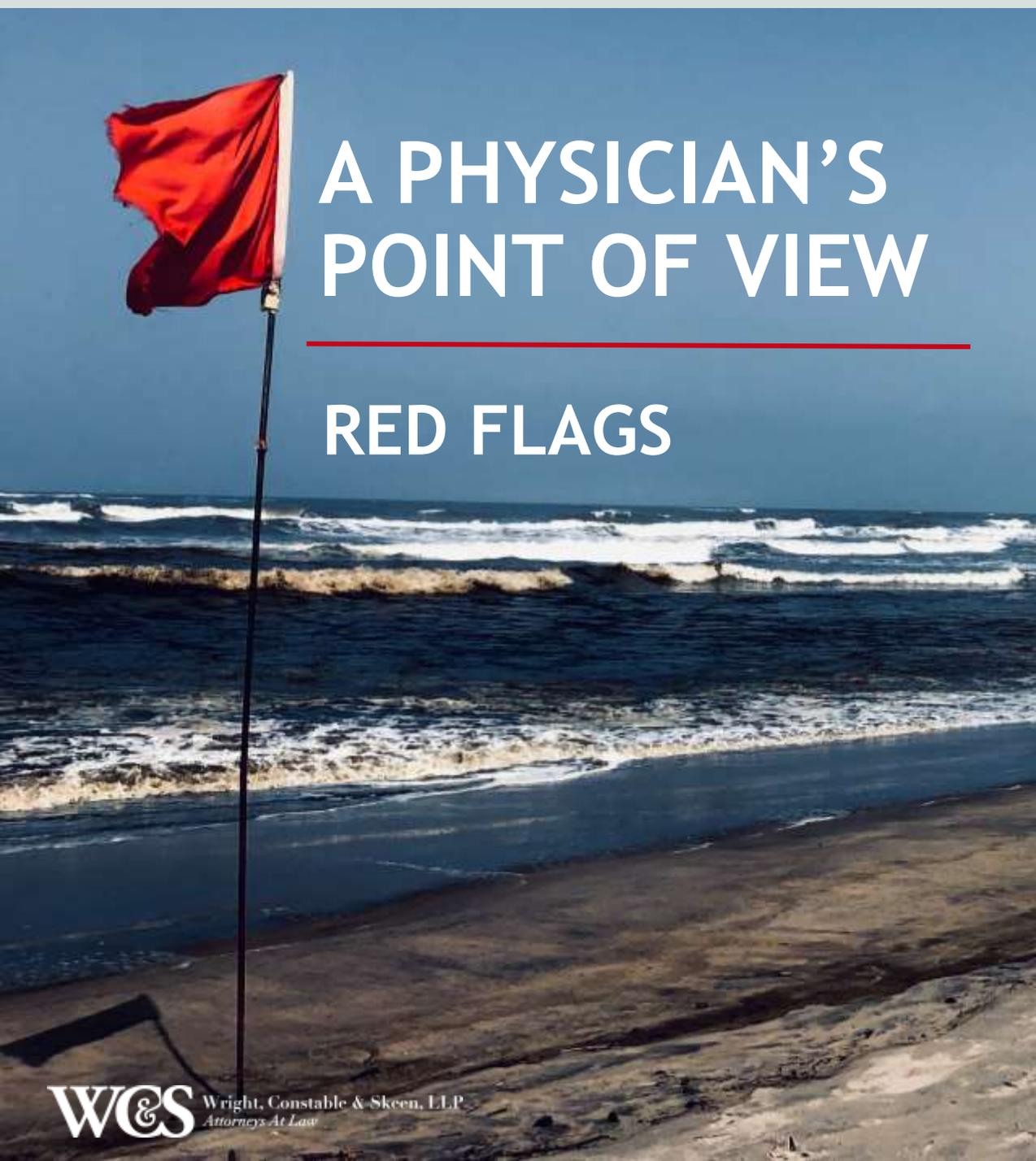
A PHYSICIAN'S POINT OF VIEW

DR. GAYATHRI MURTHY

*Her
Story...*



- I. Taking the job
- II. Doing the waiver legwork
- III. The salary dilemma



A PHYSICIAN'S POINT OF VIEW

RED FLAGS

- ⊘ Not letting you speak with other members of the team
- ⊘ High turnover rate
- ⊘ Use of green card sponsorship as a bargaining chip
- ⊘ Beware of the recruiter scam

JOURNEY TO A WAIVER JOB- MORE TIPS



Deal killers from an employer's perspective

- Spouse follows up on job interviews for physician.
- Work-Life Balance Questions
- Not living in community.
- May mean your resume is trashed



Due diligence by all parties

Contract Terms



Getting to YES!

- Dress Professionally.
 - » Suit/Tie for Men;
Skirt Suit for Women.
- Don't wear your scrubs or white coat to interview.





- Pay your respects to established physicians in community.
 - Personal visits are great.
- Establish rapport with medical staff.
 - ...as they say, if the nurses don't like you, it is not whether you leave, but when!
- Give seminars for staff.

HOW TO KEEP YOUR WAIVER JOB

— Publicity opportunities:

- If a rural area, have your arrival announced in the local papers.
- If a rural area, volunteer to host a radio show, “ask the doc”. Great for business.



HOW TO KEEP YOUR WAIVER JOB

- Volunteer at community health fairs.
- Avoid the smart, young doctor syndrome!
- Integrate into the community.



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QUESTIONS?

Please type your questions in the chat box.